

Monday

Tuesday

Wednesday

Thursday

Friday

Ham & Cheese Croissant **6**
Tomato Soup &
Goldfish crackers
Fresh Veggie Cup
Fresh Fruit
NYS Milk

Taco Salad w/Chips **7**
(beef, cheese, lettuce)
Black Bean & Corn Salad
Salsa & Sour Cream
Fruit, Rice Crispy, Milk

Cheesy Breadstick (2ea)
with Marinara Sauce Cup
Steamed Broccoli
Fresh Fruit
Cookie & NYS Milk

Macaroni & Cheese **2**
Fresh Veggie Cup
Warm Cinnamon Apples
Fresh Fruit & Cookie
NYS Milk

Cheese Pizza **3**
Steamed Mixed Vegetables
Fresh Fruit Choice
NYS Milk

World Kindness Day!

Breakfast Griddler **13**
Maple Pancake Sandwich
Smiley Fries & Syrup
Fresh Fruit & 100% Juice
NYS Milk

Rotini Pasta & Meat Sauce **14**
Garlic Breadstick
Peas & Carrots
Fresh Fruit Choice
NYS Milk

Chicken & Waffles **8**
Sweet Potato Fries
Fresh Fruit & Veggie Cup
Grape Juice & Syrup
NYS Milk

Cheese Pizza **9**
Steamed Mixed Vegetables
Fresh Fruit
NYS Milk

10
Veterans' Day
No School

HALF DAY BAG LUNCH **15**
Assorted Muffins
String Cheese
Fresh Veggie with Hummus
Fruit Choice
NYS Milk

Thanksgiving @ School **16**
Turkey & Gravy over
Buttery Mashed Potatoes
Dinner Roll, Green Beans
Craisins, Apple Crisp, Milk

Cheese Pizza **17**
Steamed Mixed Vegetables
Fresh Fruit
NYS Milk

HALF DAY BAG LUNCH **20**
Sunbutter Uncrustable & Jelly
Fresh Veggie Sticks & Ranch
String Cheese
Fruit Choice
NYS Milk

Beef & Cheese Nacho **21**
(Cheese Sauce & Refried Bean)
Fresh Veggie Sticks
Salsa Cup & Sour Cream
Fresh Fruit & NYS Milk

22
Thanksgiving Day
No School

23
Thanksgiving Day
No School

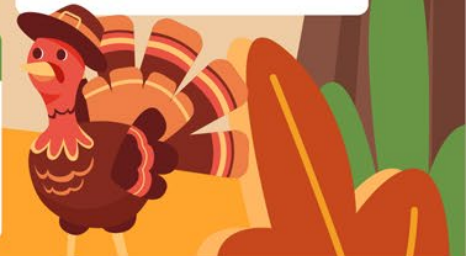
24
Thanksgiving Break
No School

Beef & Bean Chili **27**
with Cheese & Sour Cream
Mini Cornbread Loaf
Fresh Veggie w/Dip
Fruit & NYS Milk

National French Toast Day **28**
French Toast Sticks
w/Sausage Links
Home Fries & Orange Juice
Fruit, Syrup, NYS Milk

Chicken Nuggets **29**
Warm Garlic Knot
Yogurt & Broccoli
Fresh Fruit
NYS Milk

Cheeseburger on a Bun **30**
Baked Potato Chips
Cucumber/Carrot Sticks
Fresh Fruit
NYS Milk



November 2023

Breakfast and Alternate Lunch Options

Breakfast Choices:

Monday: Granola Bar & Yogurt or Assorted Cereal with Graham Crackers.

Tuesday: Mini Pancakes or Assorted Cereal with Graham Crackers.

Wednesday: Bagel w/ Cream Cheese or Assorted Cereal with Graham Crackers.

Thursday: Fresh Baked Donut or Assorted Cereal with Graham Crackers.

Friday: Mini Cinnamon Rolls or Assorted Cereal with Graham Crackers.

****Served with:** 100% fruit juice, fruit of the day, and milk**.

Alternate Lunch Options:

WEEK 1: 2 Muffin (2 oz), 4oz yogurt, string cheese meal kit. (10/30-11/3)

WEEK 2: Pita Pizza meal kit. (11/6-11/9)

WEEK 3: Bagel, 4 oz yogurt, string cheese meal kit. (11/13-11/17)

WEEK 4: Ham & Cheese sandwich. (11/20-12/1)

****Served with:** Veggie of day, fruit, and choice of milk.

***EVERYDAY ALWAYS AVAILABLE:** Uncrustable PB & Jelly Sandwich with String cheese.



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Menus are pork free