

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Ham & Cheese Croissant **6**  
Tomato Soup &  
Goldfish crackers  
Fresh Veggie Cup  
Fresh Fruit  
**NYS Milk**

Taco Salad w/Chips **7**  
(beef, cheese, lettuce)  
Black Bean & Corn Salad  
Salsa & Sour Cream  
Fruit, Rice Crispy, **Milk**

Cheesy Breadstick (2ea)  
with Marinara Sauce Cup  
Steamed Broccoli  
Fresh Fruit  
Cookie & **NYS Milk**

Macaroni & Cheese **2**  
Fresh Veggie Cup  
Warm Cinnamon Apples  
Fresh Fruit & Cookie  
**NYS Milk**

Cheese Pizza **3**  
Steamed Mixed Vegetables  
Fresh Fruit Choice  
**NYS Milk**

**World Kindness Day!**  
Breakfast Griddler **13**  
Maple Pancake Sandwich  
**Smiley Fries** & Syrup  
Fresh Fruit & 100% Juice  
**NYS Milk**

Rotini Pasta & Meat Sauce **14**  
Garlic Breadstick  
Peas & Carrots  
Fresh Fruit Choice  
**NYS Milk**

Cheese Pizza **8**  
Steamed mixed Vegetables  
Fresh Fruit  
**NYS Milk**

Chicken & Waffles **9**  
Sweet Potato Fries  
Fresh Fruit & Veggie Cup  
Grape Juice  
**NYS Milk**

**10**  
**Veterans' Day**  
**No School**

**HALF DAY BAG LUNCH** **15**  
Assorted Muffins  
String Cheese  
Fresh Veggie with Hummus  
Fruit Choice  
**NYS Milk**

Thanksgiving @ School **16**  
Turkey & Gravy over  
Buttery Mashed Potatoes  
Dinner Roll, Green Beans  
Craisins, Apple Crisp, **Milk**

Cheese Pizza **17**  
Steamed Mixed Vegetables  
Fresh Fruit  
**NYS Milk**

**HALF DAY BAG LUNCH** **20**  
Uncrustable PB & Jelly  
Fresh Veggie Sticks & Ranch  
**String Cheese**  
Fruit Choice  
**NYS Milk**

Beef & Cheese Nacho **21**  
(Cheese Sauce & Refried Bean)  
Fresh Veggie Sticks  
Salsa Cup & Sour Cream  
Fresh Fruit & **NYS Milk**

**22**  
**Thanksgiving Day**  
**No School**

**23**  
**Thanksgiving Day**  
**No School**

**24**  
**Thanksgiving Break**  
**No School**

Beef & Bean Chili **27**  
with Cheese & Sour Cream  
Mini Cornbread Loaf  
Fresh Veggie w/Dip  
Fruit & **NYS Milk**

National French Toast Day **28**  
French Toast Sticks  
w/Sausage Links  
Home Fries & Orange Juice  
Fruit, Syrup, **NYS Milk**

Chicken Nuggets **29**  
Warm Garlic Knot  
**Yogurt** & Broccoli  
Fresh Fruit  
**NYS Milk**

Cheeseburger on a Bun **30**  
Baked Potato Chips  
Cucumber/Carrot Sticks  
Fresh Fruit  
**NYS Milk**



# November 2023

## Breakfast and Alternate Lunch Options

### Breakfast Choices:

**Monday:** Granola Bar & Yogurt or Assorted Cereal with Graham Crackers.

**Tuesday:** Mini Pancakes or Assorted Cereal with Graham Crackers.

**Wednesday:** Bagel w/ Cream Cheese or Assorted Cereal with Graham Crackers.

**Thursday:** Fresh Baked Donut or Assorted Cereal with Graham Crackers.

**Friday:** Mini Cinnamon Rolls or Assorted Cereal with Graham Crackers.

**\*\*Served with:** 100% fruit juice, fruit of the day, and milk\*\*.

### Alternate Lunch Options:

**WEEK 1:** 2 Muffin (2 oz), 4oz yogurt, string cheese meal kit. (10/30-11/3)

**WEEK 2:** Pita Pizza meal kit. (11/6-11/9)

**WEEK 3:** Bagel, 4 oz yogurt, string cheese meal kit. (11/13-11/17)

**WEEK 4:** Ham & Cheese sandwich. (11/20-12/1)

**\*\*Served with:** Veggie of day, fruit, and choice of milk.

**\*EVERYDAY ALWAYS AVAILABLE:** Uncrustable PB & Jelly Sandwich with String cheese.



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

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We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Menus are pork free