

Monday

Tuesday
Wednesday
Thursday
Friday

Crispy Chicken Sandwich 6
w/pickles & special sauce
Seasoned Waffle Fries
Veggie Sticks w/Dip
Assorted Fresh Fruit
NYS Milk

Bagel Breakfast Sandwich 7
(fried egg, bacon, cheese)
Home Fries w/Pepper & Onion
Fresh Fruit & Orange Juice
Yogurt Cup & **NYS Milk**

Bistro Cheeseburger 1
(plain, cheese or bacon)
Seasoned Curly Fries
Veggie Sticks & Dip
Fresh Fruit Choices
NYS Milk

Macaroni & Cheese 2
w/ Buffalo Chicken
Breadstick & Broccoli
Fresh Grape Tomatoes
Fresh Fruit Choices
NYS Milk

Pepperoni or Cheese Pizza 3
Steamed Mixed Veggie
Garden Salad
Assorted Fruit Choices
NYS Milk

Philly Cheese Steak 13
Peppers & Onions
French Fries
Fresh Veggie Cup w/Dip
Fresh Fruit Choices
NYS Milk

Taco Salad 14
(Seasoned Beef, Black Beans, over
Lettuce & Cheese)
Guacamole, Olives, Jalapenos
Salsa & Sour Cream
Assorted Fresh Fruit
NYS Milk

Beef & Broccoli Stir Fry 8
Steamed Rice & Dumplings
Stir Fry Vegetable Medley
Fresh Fruit Choices
NYS Milk

Pepperoni or Cheese Pizza 9
Steamed Mixed Veggie
Caesar Salad
Fresh Fruit Choices
NYS Milk

Veterans' Day 10
No School

Buffalo Chicken Dip 20
w/Tortilla Chips
Celery & Carrot Sticks
Corn
Assorted Fruit & Grape Juice
NYS Milk

Sampler Platter 21
(assorted appetizer items)
Fresh Veggies with Hummus
Fresh Fruit Choices
NYS Milk

Rotini Pasta & Meat Sauce 15
Breadstick & Green Beans
Fresh Grape Tomatoes
Assorted Fresh Fruit
NYS Milk

Thanksgiving @ School 16
Turkey & Gravy over
Buttery Mashed Potatoes
Stuffing, Roll, Green Beans
Craisins & Apple Crisp
NYS Milk

Pepperoni or Cheese Pizza 17
Steamed Mixed Veggie
Garden Salad
Assorted Fruit Choices
NYS Milk

Toasted Meatball Sub w/Mozzarella 27
French Fries
Peas & Carrots
Assorted Fresh Fruit
NYS Milk

National French Toast Day 28
Homestyle French Toast w/Sausage Links
Home Fries & Orange Juice
Fruit, Syrup, **NYS Milk**

Thanksgiving Day 22
No School

Thanksgiving Day 23
No School

Thanksgiving Break 24
No School

Macaroni & Cheese Bar 29
w/ Buffalo Chicken
Breadstick & Broccoli
Fresh Grape Tomatoes
Assorted Fresh Fruit
NYS Milk

Bistro Cheeseburger 30
(plain, cheese or bacon)
Baked Chips
Fresh Veggies w/Hummus
Assorted Fruit
NYS Milk



November 2023

Breakfast and Alternate Lunch Options

Breakfast Choices:

Monday: Fruit & Yogurt Parfait or Bagel w/ Cream Cheese.

Tuesday: Breakfast Sandwich or 2oz Assorted Cereal.

Wednesday: Fresh Baked Donut or 2oz Assorted Cereal.

Thursday: Fruit Smoothie or 2oz Assorted Cereal.

Friday: Mini Cinnamon Rolls or 2 Muffins & String Cheese.

Served with: 100% fruit juice, fruit of the day, and choice of milk

Alternate Lunch Options:

WEEK 1: Buffalo Chicken Wrap or Chef Salad w/ rolls (10/30-11/3)

WEEK 2: Southwest Chicken Salad w/ rolls or Bagel & Yogurt (11/6-11/9)

WEEK 3: Loaded Nacho kit or Ham & Cheese on Roll (11/13-11/17)

WEEK 4: Crispy Buffalo Chicken Salad w/ rolls or Yogurt Parfait (11/20-12/1)

Served with: Fresh Veggie of Day, Fruit, WG Roll, Choice of Milk

Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack

We are striving to support our New York State food producers. Items highlighted in green are NYS food products

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

