

Monday

Tuesday

Wednesday

Thursday

Friday

5
Hamburger on a Bun
French Fries
Cucumbers & Dip
Assorted Fruit
NYS Milk

6
Mozzarella Cheese Sticks
Marinara Sauce
Broccoli
Assorted Fruit
NYS Milk

7
Chicken Nuggets
Corn Muffin & Yogurt Cup
Baked Chips
Fresh Veggie w/Hummus
Assorted Fruit
NYS Milk

1
Cheese Pizza
Steamed Mixed Veggie
Assorted Fruit
NYS Milk

2
Hot Dog on a Bun
Confetti Veggie Pasta Salad
Baked Chips
Watermelon
NYS Milk

8
Ultimate Nachos
(Meat, Cheese, Black Bean)
Salsa Cup & Sour Cream
Yellow Corn
Assorted Fruit
NYS Milk

9
Cheese Pizza
Steamed Mixed Veggie
Assorted Fruit
NYS Milk

12
Hamburger on Bun
Baked Potato Chips
Carrot Sticks & Dip
Watermelon
NYS Milk

13
French Toast Sticks
Turkey Sausage Links
Sweet Potato French Fries
Assorted Fruit & Syrup
NYS Milk

14
Flag Day
Popcorn Chicken & Roll
Baked Potato Chips
Yellow Corn
Assorted Fruit
NYS Milk

15
Pizza Crunchers
Fresh Veggie Cup
(Grape Tomatoes/Cucumbers)
Assorted Fruit
Cookie
NYS Milk

16
Cheese Pizza
Steamed Broccoli
OR Garden Salad
Assorted Fruit
NYS Milk

19
Juneteenth
NO SCHOOL

Half Days Bag Lunch 20
Assorted Muffin
Yogurt & String Cheese
Carrot Sticks & Dip
Assorted Fruit
100% Juice Cup
NYS Milk

Half Days Bag Lunch 21
Turkey & Cheese
Sandwich on Roll
Grape tomatoes/cucumbers
Ranch Dip
Assorted Fruit
100% Juice Cup
NYS Milk

Half Days Bag Lunch 22
Sunbutter & Jelly Sandwich
String Cheese
Cucumbers & Dip
Assorted Fruit
100% Juice cup
NYS Milk

Half Days Bag Lunch 23
Assorted Muffin
Yogurt & String Cheese
Carrot Sticks & Dip
Assorted Fruit
100% Juice Cup
NYS Milk

26

27

28

29

30

Have a Great Summer Vacation!



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

In collaboration with

CAPITAL REGION
BOCES

SHARED FOOD SERVICE PROGRAM

JUNE 2023

Breakfast and Alternate Lunch Options

Breakfast Choices:

Assorted Cereal w/ Graham Crackers
Whole Grain Bagel with Cream Cheese
Whole Grain Muffin w/ Graham Crackers
Served with: 100% fruit juice, fruit of the day, and choice of milk

Alternate Lunch Options:

Sun butter & Jelly Sandwich
Served With: Fresh Veggie of Day, Fruit, WG Roll, Choice of Milk

Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

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Menus are pork free

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