

Monday



Tuesday

Wednesday

Thursday

Friday

**6**  
Pancakes  
Yogurt  
Sweet Potato Home Fries  
Assorted Fruit  
NYS Milk

**7**  
Pasta with Meatballs  
Green Beans  
Assorted Fruit  
NYS Milk

**8**  
Soft Chicken Taco  
(shredded Cheese & salsa)  
Black Beans & Corn  
Assorted Fruit  
NYS Milk

**9**  
Stuffed Breadstick  
Tomato Soup  
Carrots & Dip  
Assorted Fruit  
NYS Milk

**10**  
Cheese Pizza  
Broccoli  
Assorted Fruit  
NYS Milk

**13**  
Macaroni & Cheese  
Cucumbers & Dip  
Assorted Fruit  
NYS Milk

**14**  
Soft Beef Taco  
Taco Fiesta Beans  
Assorted Fruit  
NYS Milk

**15**  
Breakfast Sandwich  
(egg & cheese on a  
Whole grain roll)  
Sweet Potato Home Fries  
Assorted Fruit  
NYS Milk

**16**  
Chicken Tenders  
Garlic Breadstick  
Carrots & Dip  
Assorted Fruit  
NYS Milk

**17**  
Superintendent's  
Conference Day  
**No School**

**20**  
French Toast Sticks  
Sweet Potato Home Fries  
Warm Cinnamon Apples  
NYS Milk

**21**  
Turkey & Cheese Wrap  
Carrot Sticks & Dip  
Assorted Fruit  
NYS Milk

**22**  
Fajita Chicken  
Brown Rice  
Steamed Broccoli  
Assorted Fruit  
NYS Milk

**23**  
Hamburger  
Garden Salad  
Assorted Fruit  
NYS Milk

**24**  
Cheese Pizza  
Cucumbers & Dip  
Assorted Fruit  
NYS Milk

**27**  
Ham & Cheese  
on a Whole Grain Roll  
Carrot Sticks & Dip  
Assorted Fruit  
NYS Milk

**28**  
Pancakes  
Turkey Sausage  
Sweet Potato Home Fries  
Assorted Fruit  
NYS Milk

**29**  
Chicken Tenders  
Cucumber & Dip  
Garlic Breadstick  
Assorted Fruit  
NYS Milk

**30**  
Crispy Chicken  
Sandwich  
Caesar Salad  
Assorted Fruit  
NYS Milk

**31**  
Cheese Pizza  
Broccoli  
Assorted Fruit  
NYS Milk

# March 2023

## Breakfast and Alternate Lunch Options

### Breakfast Choices:

**Monday:** Assorted Cereals (Chex, Corn flakes, Rice Krispies, Cheerios)

**Tuesday:** Whole Grain Bagel with Cream Cheese

**Wednesday:** Yogurt

**Thursday:** Assorted Cereals (Chex, Corn flakes, Rice Krispies, Cheerios)

**Friday:** Whole Grain Bagel with Cream Cheese

Served with: 100% fruit juice, fruit of the day, and choice of milk

### Snack Menu:

Monday: Apple & Whole Grain Goldfish\*

Tuesday: Cheese Stick & 100% Fruit Juice

Wednesday: Apple & Whole Grain Goldfish\*

Thursday: Yogurt & 100% Fruit Juice

Friday: Apple & Cheese Stick\*

\*Served with Water

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Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!



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We are striving to support our New York State food products. Items highlighted in green are NYS food products.



Menus are pork free

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

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