

Monday

Tuesday

Wednesday

Thursday

Friday



4
Popcorn Chicken
French Fries
Corn
NYS Apple
NYS Milk

5
NYS Cheeseburger
Sweet Potato Fries
Fresh Pear
NYS Milk

6
Pizza Crunchers
Broccoli
Fruit of the Day
NYS Milk

7
Maple Waffles
Hash Brown
Turkey Sausage
NYS Apple Slices
NYS Milk

1
Cheese or Pepperoni Pizza
Cucumber & Dip
NYS Grape Slushie
NYS Milk

8
Cheese or Pepperoni Pizza
Carrot Sticks & Dip
Fruit of the Day
NYS Milk

11
Columbus Day
No School

12
No School
Superintendent Conference
Day

13
Loaded Nachos
Nacho Cheese, Salsa, Sour
Cream
Black Beans & Corn
Grapes
NYS Milk

14
NYS Cheddar Burger
Lettuce & Tomato
NYS Chips
NYS Apple Slices
NYS Milk

15
Cheese or Pepperoni Pizza
Celery Sticks & Dip
NYS Grape Slushie
NYS Milk

18
Chicken Tenders
Tater Tots
Cucumbers & Ranch Dip
Fruit of the Day
NYS Milk

19
Mozzarella Sticks w/
Marinara Sauce
Broccoli
Fruit of the Day
NYS Milk

20
Warm Ham & Cheese on
Pretzel Roll
Carrot Sticks & Dip
Grapes
NYS Milk

21
Maple Pancakes
Hash Brown
Cheese Stick
Clementine's
NYS Milk

22
Cheese or Pepperoni Pizza
Chips
Fruit of the Day
NYS Milk

25
Chicken Nuggets
Smiley Fries
Celery Sticks w/ Ranch
NYS Apple Slices
NYS Milk

26
Cheese Quesadilla
Salsa, Sour Cream
Black Beans and Corn
NYS Apple
NYS Milk

27
Halloween Soft Pretzel
Tomato Soup
Cheese Stick
Fruit of the Day
NYS Milk

28
NYS 100% Beef Hot Dog
NYS French Fries
NYS Apple
NYS Milk

29
Cheese or Pepperoni Pizza
Cucumbers & Ranch Dip
Halloween 100% Fruit Juice
Italian Ice
NYS Milk

Our menus are pork-free



OCTOBER 2021

Breakfast Choices & Alternate Lunch Options

Breakfast Choices:

Assorted Cereal
Yogurt w/ graham crackers
Fruit: 100% Fruit Juice or Fruit of the Day
Choice of Milk

Alternate Lunch Options:

PB & J Uncrustables will be available daily
Sandwich of the Day (served with fruit/veg, choice of milk)

Sandwich of the Day:

Oct. 4 - Oct. 8: Turkey & Cheese Wrap
Oct. 13 - Oct. 15: Ham & Cheese on a Roll
Oct. 18 - Oct. 22: Chicken Quesadilla
Oct. 25 - Oct. 29: Grilled Cheese



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

October Menu Highlights:

Check out our *Halloween* inspired meals this month!

UPDATE: The USDA extended FREE meals to all students until June 2022. **It remains important that families who believe they may qualify for the Free and Reduced Price Meal program submit an application. We want to be sure that all eligible families are enrolled in this program**



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

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