

Monday

Tuesday

Wednesday

Thursday

Friday



1

Assorted Pizzas
Carrot Sticks & Dip
Fruit of the Day
NYS Milk

4

Popcorn Chicken
Fries
Corn
NYS Apple
NYS Milk

5

NYS Cheeseburger
Sweet Potato Fries
Fresh Pear
NYS Milk

6

Pizza or Buffalo Crunchers
Broccoli
Fruit of the Day
NYS Milk

7

French Toast Sticks
Hash Brown
Turkey Sausage
NYS Apple Slices
NYS Milk

8

Assorted Pizzas
Cucumbers & Ranch Dip
Fruit of the Day
NYS Milk

11

Columbus Day
No School

12

No School
Superintendent Conference
Day

13

Loaded Nachos
Salsa, Sour Cream
Nacho Cheese
Black Beans & Corn
Grapes
NYS Milk

14

NYS Cheddar Burger
Lettuce & Tomato
NYS Chips
NYS Apple Slices
NYS Milk
NYS THURSDAY

15

Assorted Pizzas
Cherry Tomatoes & Dip
Fruit of the Day
NYS Milk

18

Chicken Tenders
Tater Tots
Cucumbers & Ranch Dip
NYS Apple
NYS Milk

19

Mozzarella Sticks
Fries
Broccoli
Fruit of the Day
NYS Milk

20

Ham and Cheese on Pretzel
Bun
NYS Chips
Grapes
NYS Milk

21

Chicken & Waffles
Sweet Potato Tots
Fruit of the Day
NYS Milk

22

Assorted Pizzas
Carrots Sticks w/ Dip
Fruit of the Day
NYS Milk

25

Crispy Chicken Sandwich
Waffle Fries
Celery Sticks w/ Ranch
NYS Apple Slices
NYS Milk

26

Loaded Tacos
Salsa, Sour Cream
Black Beans and Corn
Fruit of the Day
NYS Milk

27

General Tso's Chicken
Fried Rice
Broccoli
Fruit of the Day
NYS Milk

28

NYS 100% Beef Hot Dog
NYS Chips
NYS Apple
NYS Milk

29

Assorted Pizzas
Cucumbers & Ranch Dip
Halloween 100% Fruit Juice
Italian Ice
NYS Milk

Our menus are pork-free



OCTOBER 2021

Breakfast Choices & Alternate Lunch Options

Breakfast Choices:

Smoothies
Assorted Cereal
Bagel w/ Cream Cheese
Fruit: 100% Fruit Juice or Fruit of the Day
Choice of Milk

Alternate Lunch Options:

Veggie Garden Salad
Buffalo Chicken Wrap (upon availability)
PB & J Uncrustables



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

October Menu Highlights:

Check out our *Halloween* inspired meals this month!

UPDATE: The USDA extended **FREE** meals to all students until June 2022. ****It remains important that families who believe they may qualify for the Free and Reduced Price Meal program submit an application. We want to be sure that all eligible families are enrolled in this program****



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

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