

SEPTEMBER

JHS & Knox 2019 Lunch Menu

Menus Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Alt Meal: MON-WED-FRI PB&J Or Veggie Salad TUES&THURS Grilled Cheese Veggie Salad</p>	<p>Pay for School meals at: Myschool-bucks.com Menus subject To change</p>	<p>Buffalo Crunchers Ranch Dressing Broccoli Fruit Variety</p> <p>4</p>	<p>Grilled Chicken Wraps Onion, Cheddar Cheese & BBQ Green Beans Fruit Variety</p> <p>5</p>	<p>Assorted Pizza Carrot Stix w/ Ranch Fruit Variety</p> <p>6</p>
<p>Beef Tacos 2 WG Tortillas Toppings Bar Green Beans Fruit Variety</p> <p>9</p>	<p>Chicken Patty On WG Bun Broccoli Fruit Variety</p> <p>10</p>	<p>Oven Roasted Chicken WG Dinner Roll Carrots Fruit Variety</p> <p>11</p>	<p>Build a Burger On WG Bun Toppings Bar Baked Beans Fruit Variety</p> <p>12</p>	<p>Assorted Pizza Corn Fruit Variety</p> <p>13</p>
<p>Firecracker Chicken Brown Rice Broccoli Fruit Variety</p> <p>16</p>	<p>Mozzarella Sticks Dipping Sauce WG Dinner Roll Baked Beans Fruit Variety</p> <p>17</p>	<p>Popcorn Chicken WG Dinner Roll Corn Fruit Variety</p> <p>18</p>	<p>Breakfast for Lunch Waffles w/ Syrup Hash Brown Sausage Links Fruit Variety</p> <p>19</p>	<p>Assorted Pizza Carrots Fruit Variety</p> <p>20</p>
<p>Meatball Parm WG Bun Green Beans Fruit Variety</p> <p>23</p>	<p>Chicken Tenders WG Dinner Roll Baked Beans Fruit Variety</p> <p>24</p>	<p>Buffalo Crunchers Ranch Dressing Broccoli Fruit Variety</p> <p>25</p>	<p>Hotdog On WG Bun Baked Beans Fruit Variety</p> <p>26</p>	<p>Assorted Pizza Carrots Fruit Variety</p> <p>27</p>
<p>Chicken Nuggets WG Dinner Roll Carrots Fruit Variety</p> <p>30</p>	<p>Milk, Fruit & Vegetable Of- fered Daily with Lunch</p>	<p>WELCOME BACK!</p>		