



JHS&Knox Lunch Menu 2019

Monday

Tuesday

Wednesday

Thursday

Friday

Buffalo Crunchers w/ Ranch Green Beans Fruit Variety 1	Build a Burger On WG BUN Toppings Bar Carrots Fruit Variety 2	Popcorn Chicken Dinner Roll French Fries Fruit Variety 3	Loaded Beef Nachos w/ Toppings Bar Refried Beans Fruit Variety 4	Assorted Pizza Broccoli Fruit Variety 5
Chicken Tenders WG Dinner Roll Baked Beans Fruit Variety 8	Philly Cheese Buffalo or plain Chicken On WG Bun Corn Fruit Variety 9	Meatball Parm On WG Bun Broccoli Fruit Variety 10	Chicken Pattie On a Bun Carrots Fruit Variety 11	Assorted Pizza Green Beans Fruit Variety 12
Oven Baked Chicken Dinner Roll Corn Fruit Variety 15	Mozzarella Sticks Dipping Sauce Dinner roll Baked Beans Fruit Variety 16	Assorted Pizza Broccoli Fruit Variety 17	HALF DAY Muffin, Yogurt, Cheese Stick, Fresh Apples Carrot Stix w/ Ranch 18	NO SCHOOL 14 
NO SCHOOL 22	NO SCHOOL 23	NO SCHOOL 24	NO SCHOOL 25	NO SCHOOL 26
				
Build a Burger On WG Bun Toppings Bar French Fries Fruit Variety 29	General Tsos Chicken Brown Rice Green Beans Fruit Variety 30	Pay for School meals at: Myschool- bucks.com Menus subject To change	Fruit, Vegetable & Milk are of- fered daily with Lunch	Alternative Meal: PB&J OR Hamburger