
Boys Soccer 7 V 7

Dates: July 7 - August 6

Tuesdays & Thursdays, 5:00 -7:00 p.m.

Location: Glebe Elementary

Grades: 10th - 12th

Instructor: Head Coach Mike Hill

Girls Soccer 7 V 7

Dates: July 6 - August 5

Mondays & Wednesdays, 5:00 -7:00 p.m.

Location: Glebe Elementary

Grades 10th - 12th

Instructor: Head Coach Colleen Froschauer

Tennis Club

Dates: July 6, 13, 20, 27

Mondays, 9:00 - 10:30 a.m.

Location: Knox Tennis Courts

Age Group: Rising 3rd-12th grades

Instructor: Head Coach Nicole Clarke

Just Fun Run

Wednesdays, 6:30 p.m.

Location: Knox Press Box

Instructors: Head Coach Melissa Kaszuba & Staff

Please RSVP (Mandatory) to

MKaszuba@johnstownschoools.org

if you will be attending

GET OUT & PLAY DAY Family Fun Night Cookout

*Sponsored by the
Johnstown Purple and Gold Booster Club*

Wednesday July 22, 2015

5:00pm - 8:00pm

Knox Field

*For all Families within the
Greater Johnstown School District*

**All Children MUST be accompanied
by an adult for this event**

- Dunking Booth—Dunk a Coach for \$1.00!!
- Games (Kickball, Basketball, Football, etc.)
 - FREE Food & Drinks
 - Music, Family Time

*If you have any questions, please contact
the Athletic Office at JHS
762-7636*



SUMMER RECREATION PROGRAMS

James J. Robare
Director of Athletics, Physical
Education, Health and Recreation

Patti St. Peter
Secretary

762-7636

Football Team Install

Dates: June 29, July 1, 6, 8, 13, 15, 20, 22, 27, 29 at Knox Field

Mondays & Wednesdays, 6:30-8:00 p.m.

Age Group: JV & Varsity Football Team

Instructors: Head Coach Ryan Baldock and Coaching Staff

Varsity/JV Football Team Camp

Dates: August 10 - 14 (Monday-Friday)

4:30-8:00 p.m., Knox Field

Instructors: Head Coach Ryan Baldock and ALL Assistant Coaches

Free: Johnstown Youth Football Clinic

Dates: August 3 & 4 (Monday & Tuesday)

5:00-7:00 p.m., Knox Field

Age Group: Rising 3rd - 6th Grades

Questions: call 315-794-7474 or email

RBaldock@johnstownschoools.org

Instructors: Head Coach Ryan Baldock & Staff

Free: Modified Football 2-Day Camp

Dates: August 5 & 6 (Wednesday & Thursday)

5:00 -7:00 p.m., Knox Field

Age Group—Rising 7th - 8th Grades

Instructors: Head Coach Ryan Baldock & Staff

JV & Varsity Weight Room

Date: June 29 - July 31, Monday thru Thursday

5:00 p.m. at JHS Weight Room

Age Group: Rising 9th-12th grades

Instructor: JHS Football Coaches

Mark Ralbovsky—8:00 a.m.-9:30 a.m. Daily

Modified Weight Room-ALL Athletes

June 30 - July 30 on Tuesdays & Thursdays

6:00 -7:00 p.m. at JHS Weight Room

Age Group: Rising 7th - 8th grades

Instructor: Head Coach Ryan Baldock & Staff

Mark Ralbovsky - 8:00a.m.-9:30a.m. (Daily from July 15—August 14)

Boys Lacrosse

Dates: June 25 - August 14 on Tuesdays

5:00- 6:00 p.m. Weight Room,

6:00 - 7:00 p.m. Instruction & Drills

Age Group: Grades 7-12

Instructors: Scott Petrie and Scott Murphy

Girls Lacrosse

Dates: July 7 - August 4 on Wednesdays

Location: JHS Back Fields

Age Groups: K-6, 4:00-5:00 p.m.

7-12, 5:00-6:00 p.m.

Instructors: Head Coach Makenzie Sager & Staff

FREE SWIM

Dates: July 6 - August 7, Monday-Friday

Time: 10 -11:30 a.m. & Noon -2:30 p.m.

Location: JHS POOL

Age Group: Johnstown School District Youth

Life Guards: Erica Wagner, Alison Busch, Ben

Russo, Jacob Miller

Field Hockey

Dates: July 7 - July 30, Tuesdays & Thursdays

Location: Knox Field

Age Groups: Grades K-6 (6:00pm-7:00pm)

Grades 7-12 (6:00pm-8:00pm)

Instructors: Head Coach Christine Krempa and staff

Field Hockey Clinic August 3 & 4

Time : 9:00-11:30 a.m. (4th - 8th grades)

1:00-4:00 p.m. (9th - 12th grades)

Location: Knox Field

Cost: \$25.00

Instructor: Jarred Martin, Duke Asst. Coach

Registration: Contact Head Coach Christine

Krempa at 762-9873 or email her at:

ckrempa@frontier.com

Boys Basketball

Dates: July 6-August 5, Mondays & Wednesdays. 4:00-6:00 p.m.

Location: JHS Gymnasium/Weight room

Age Group: Grades 7th-12th

Instructor: Head coach Matt Guzielek & Staff

Girls Basketball

Dates: July 6 - August 10 on Mondays

Open Gym, 6:00-8:00 p.m.

Location: JHS gymnasium

Age Group: Grades 7th-12th